



MENTOR
RHODE ISLAND

Dear Jo-Ann,

THE 2018 FROZEN CLAM DIP & OBSTAPLUNGE

ALERT:

The Obsta is ON!

BUT the Plunge is postponed.

We have been informed by our host that we are not allowed to go in the water or on the ice. We appreciate their hospitality over the years and will respect their wishes. We plan to reschedule the plunge later in January.

Here is the new timeline for today:

- 1100 Registration Opens
- 1100-1200 Funny4Funds workin it!
- Announcements, Sponsors, 2018 ProCLAMations
- 1200 Mandatory Safety Briefing by Bath House
- 1205 National Anthem feat La Gondola Providence!
- 1210 Open Obstacle Course (ages 6+)
- 1245 50/50 Raffle Drawing

Notes:

No plunge this year :(

Please stay out of the water and off of the ice

Official hashtags - #nobstaplunge #postponedclam #nonplunge

Heated zones - Carousel & G. Metz Moving Truck

We are tentatively planning the Plunge portion for Sunday 1/28/18 at Noon. Please stay tuned!

New Year's Day at Noon Goddard Memorial State Park Beach



[REGISTER HERE!!!](#)

Bundle up and c'mon down to watch! Participate in our 50/50 raffle!

And remember...

NO GRIT
No Pearl



www.totallysamsworld.com

All paid participants will receive a long-sleeve t-shirt!
All participants must sign a waiver at the event.
Participants under the age of 18 must have a parent/guardian present to sign their waiver.



This event is only possible through the support of our amazing sponsors!!!

HOST:

[Laid-back Fitness](#)

Lead Sponsor:

[CMIT Solutions of Central Rhode Island](#)

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[Stephen Gentile, C.P.A.](#)

Happy New Year!

The MENTOR Rhode Island team:

Jo-Ann, Sue, Pam, Nichole, Celeste, Cathy, Christopher, Darnell, & Marc

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STAY CONNECTED:



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